

**New Britain  
Family Wellness Center**  
85 Lafayette Street  
New Britain, CT

For More Info:  
Visit our website!  
[familywellness.chc1.com](http://familywellness.chc1.com)

**Nat Holmes**  
Community Wellness &  
Engagement Program  
Specialist  
[HolmesN@chc1.com](mailto:HolmesN@chc1.com)  
860-347-6971 x3662

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**2025**

Mon	Tue	Wed	Thu	Fri	Sat
			July 31	August 1	2
4	5 <b>Prenatal Yoga</b> 10:45am-12:00pm	6 <b>Open Playgroup</b> 9:30-11:00am	7 <b>Open Playgroup</b> 9:30-11:00am	8	9
11 <b>Mobile Food Pantry</b> 10:30-11:15am CHC New Britain	12	13 <b>Open Playgroup</b> 9:30-11:00am	14 <b>Open Playgroup</b> 9:30-11:00am	15	16
18	19 <b>Prenatal Yoga</b> 10:45am-12:00pm  <b>New Britain FWC Diaper Bank</b> 12:00-3:00pm	20 <b>Open Playgroup</b> 9:30-11:00am	21 <b>Open Playgroup</b> 9:30-11:00am	22	23
25 <b>Mobile Food Pantry</b> 10:30-11:15am CHC New Britain	26 <b>Prenatal Yoga</b> 10:45am-12:00pm	27 <b>Open Playgroup</b> 9:30-11:00am	28 <b>Open Playgroup</b> 9:30-11:00am	29	30 